



Who runs ATTITUDE?

Music Therapist – Rachel Nendick

Rachel Nendick registered as a Music Therapist (RMT) with the AMTA* after completing a Bachelor of Music (Therapy) at The University of Melbourne in 1995. Rachel has worked as a RMT in the disability sector with Able Music Therapy since 1999 and is currently performing the dual role of Coordinator and RMT. She has also facilitated the music class of an Arts TAFE course for people with disabilities in 2004—2005, teaches instrumental music and performs regularly in rock bands and classical ensembles.

*AMTA – Australian Music Therapy Association

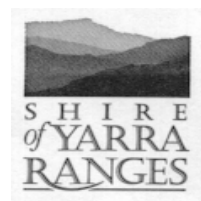


What is ATTITUDE?

Attitude aims to provide music programs people who are in some way socially isolated from their community as a result of compromised mental health, physical or intellectual disability. Attitude will provide opportunities for participants to experience the positive benefits of contributing to group music making, through creative and artistic expression, enhancing feelings of belonging through social engagement and increasing well being and self esteem. Participants are encouraged to contribute to sessions as much or as little as they are comfortable with, and as there are no auditions, people of all backgrounds are welcome to attend.

The Dandenong Ranges Music Council Inc. is assisted by the Australia Council, the Federal Government's Arts funding and advisory body and the Shire of Yarra Ranges

Attitude 2007 is funded by the R.E Ross Trust, and presented in association with Able Music Therapy.



**Please send this form and payment to:
Dandenong Ranges Music Council Inc.
Po Box 430
Belgrave 3160**

Dandenong Ranges Music Council Inc.
Located in the grounds of Upwey High School
1451 Burwood Highway, Upwey 3160
Ph: 9754 6566
Email : drmc@optusnet.com.au



Dandenong Ranges Music Council Inc., The R.E.Ross Trust and Able Music Therapy present

Make Music With



Attitude 2007





Make Music With ATTITUDE

The Dandenong Ranges Music Council, in association with Able Music Therapy, is delighted to present a series of programs for musicians with disabilities

What, when, where?

Program 1 - *Songwriting on a theme, Thursdays 1st March to 19th April, 10.30 - 12 noon*

Program 2 - *Instrumental Improvisation leading to composition. Thursdays 26th April to 14th June, 10.30 - 12 noon*

Attitude 2007 performance - 24th June 2007 at the community music centre. Time TBA

Program 3 - *Indigenous Music Thursdays 26th July to 13th September, 10.30 to 12 noon*

Major Concert involving other DRMC units - 27th/28th October TBA

**All workshops are held at:

Community Music Centre

Located on the grounds of Upwey High School, 1451 Burwood Hwy, Upwey 3158

Parking is available in the school grounds, wheelchair access is available.

How to be involved in ATTITUDE?

1. Fill out the application
2. Send it with your payment to:
DRMC, PO Box 430, Belgrave 3160
3. Receive confirmation of your place.
4. Attend the workshops and have fun with music.

PROGRAMS are offered to :

- Adults with a variety of disabilities including intellectual impairment, Acquired/Traumatic Brain Injury, physical disability and/or multiple disabilities, aged 16 years and over.

Overview of programs:

Program 1—Participants will write songs exploring what it's like to live on earth, what the earth gives us, how is it coping, how do individuals interact with the earth and the impact of drought/erosion/pollution/revegetation etc.



Program 2— Using instruments made from natural substances ie. wood, skin and metals, participants will improvise and create compositions, which will combine recorded earth sounds with improvisations.

Program 3—Participants will explore connections to the earth through dreamtime stories and song. Involvement with a musician specialising in indigenous music will take place.

Attitude 2007 Application Form

- | | |
|--|-------------------------|
| Programs (please tick) | Cost: |
| <input type="checkbox"/> Program 1—8 weeks
Thursday 1/3/07 to 19/4/07 | \$5 per week/\$40 total |
| <input type="checkbox"/> Program 2— 8 weeks
Thursday 26/4/07 to 14/6/07 | \$5 per week/\$40 total |
| <input type="checkbox"/> Program 3— 8 weeks
Thursday 26/7/07 to 13/9/07 | \$5 per week/\$40 total |

*ALL SESSIONS 10.30 - 12 NOON

Total _____

Name _____
 Address _____

 Phone _____

Method of Payment

- Cheque— payable to DRMC
- Cash
- Please tick here if a carer will attend (no charge)

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